







# MEDICAL FITNESS CENTRES

SERVICE CATALOGUE

## KEY ICONS

### GENERAL ICONS

-  LOCATION
-  E-MAIL
-  TELEPHONE
-  FAX

### TIMING

-  TIMINGS



### FOR WHOM?

-  MEN
-  WOMEN
-  CHILDREN
-  SENIOR CITIZENS
-  PEOPLE OF DETERMINATION

### INFORMATION RECEIVED BY

-  WEBSITE
-  SERVICE CENTRE
-  CALL CENTRE
-  DHA APP.

### PAYMENT METHOD

-  CREDIT CARD
-  CASH



**Disclaimer:** All data provided in this manual are for the purpose of information only; it is valid as of the latest date of update. Dubai Health Authority has the right to make any modification, revocation or addition to the mentioned in this guide, including, for example, waiting times, official working hours, financial fees and expenses at the hospitals and service centres mentioned in the manual are subject to change according to health status, events and official holidays. For more information, please call 800324.

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## MEDICAL FITNESS FAQ

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**Medical Fitness FAQ**

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## INTERCONNECTED SERVICES

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**Interconnected Services**

# MEDICAL FITNESS CENTRES



Check below for each centre timings



800342



callcenter@dha.gov.ae

**All centres are closed on Sat and Sun.**

Except for Al Muhaisnah Medical Fitness Center, Al Yalaisy Medical Fitness Center and Al Karma Medical Fitness Center. Please check timing below.

## MEDICAL FITNESS CERTIFICATE



AXS Medical Fitness Centre

Mon - Thu 7:30 am - 3:30 pm  
Fri 7:30 am - 12:00 pm

Dubai Airport Free Zone Medical Fitness Centre

Mon - Thu 7:30 am - 3:30 pm  
Fri 7:30 am - 12:00 pm

Dubai International Finance Medical Fitness Centre

Mon - Thu. 8:00 am - 4:00 pm  
Fri 8:00 am - 12:30 pm

Emirates Airline Medical Fitness Centre

Mon - Thu 7:30 am - 3:30 pm  
Fri 7:30 am - 12:00 pm

Emirates Medical Fitness Centre

Mon - Thu 7:30 am - 3:30 pm  
Fri 7:30 am - 12:00 pm

Jebel Ali Free Zone Medical Fitness Centre

Mon - Thu 7:30 am - 3:30 pm  
Fri 7:30 am - 12:00 pm

Al Quoz Medical Fitness Centre

Mon - Thu 7:00 am - 10:00 pm  
Fri 7:30 am - 12:00 pm  
4:00 pm - 8:30 pm

Al Rashidiya Medical Fitness Centre

Mon - Thu 7:00 am - 10:00 pm  
Fri 7:30 am - 12:00 pm

Zabeel Medical Fitness Centre

Mon - Thu 7:30 am - 10:00 pm  
Fri 7:30 am - 12:00 pm

Dubai Land Department Medical Fitness Centre

7:30 am - 3:30 pm  
Mon, Wed & Thu

Al Lusaily Medical Fitness Centre

Mon - Thu 7:30 am - 3:30 pm  
Fri 7:30 am - 12:00 pm  
New Visa + House Domestic (Tue & Thu ONLY)  
Renew Visaa (Mon - Fri)

|   |   |
|---|---|
| Smart Salem Center  | <p>Mon - Thu 7:00 am - 10:00 pm<br/>         Fri 7:30 am - 12:00 pm<br/>         4:00 pm - 8:30 pm<br/>         Sun 7:00 am - 3:00 pm</p>   |
| Al Garhood Medical Fitness Center                               | <p>Mon - Thu 7:00 am - 10:00 pm<br/>         Fri 7:30 am - 12:00 pm<br/>         4:00 pm - 8:30 pm</p>  |
| Al Nahda Occupational Health Screening & Medical Fitness Center | <p>Mon - Thu 7:00 am - 10:00 pm<br/>         Fri 7:30 am - 12:00 pm<br/>         4:00 pm - 8:30 pm</p>  |
| Al Yalayis Medical Fitness Center                               | <p>Mon - Thu 7:00 am - 10:00 pm<br/>         Fri 7:30 am - 12:00 pm<br/>         4:00 pm - 8:30 pm<br/>         Sat 7:00 am - 3:00 pm<br/>         (Medical Fitness Only)</p>   |
| Bur Dubai Medical Fitness Center                                | <p>Mon - Thu 7:00 am - 10:00 pm<br/>         Fri 7:30 am - 12:00 pm<br/>         4:00 pm - 8:30 pm</p>  |
| Al Karama Medical Fitness Center                                | <p>Mon - Thu 7:00 am - 10:00 pm<br/>         Fri 7:00 am - 12:00 pm<br/>         3:00 pm - 8:00 pm<br/>         Sat &amp; Sun 8:00 am - 8:00 pm</p>   |
| Al Muhaisnah Medical Fitness Centre                             | <p>Sun - Thu 24 hours<br/>         Fri 7:00 am - 3:00 pm*<br/>         3:00 pm - 11:00 pm<br/>         *Center closed for Friday prayers<br/>         1:00 Pm to 2:00 Pm</p> <p>Al Muhaisnah MFC Followup<br/>         Office:<br/>         Mon - Thu 7:30 Am - 3:30 Pm<br/>         Fri 7:30 AM - 12:00 Pm</p> |

## MEDICAL OCCUPATIONAL CERTIFICATE

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|   |  |
|---|--|
| Jebel Ali Medical Fitness Centre                                | Mon - Thu 7:30 am - 3:30 pm<br>Fri 7:30 am - 12:00 pm  |
| Zabeel Medical Fitness Centre                                   | Mon - Thu 7:30 am - 10:00 pm<br>Fri 7:30 am - 12:00 pm   |
| Al Nahda Occupational Health Screening & Medical Fitness Center | Mon - Thu 7:00 am - 10:00 pm<br>Fri 7:30 am - 12:00 pm<br>4:00 pm - 8:30 pm  |
| Al Yalays Medical Fitness Center                                | Mon - Thu 7:00 am - 10:00 pm<br>Fri 7:30 am - 12:00 pm<br>4:00 pm - 8:30 pm<br>Sat 7:00 am - 3:00 pm<br>(Medical Fitness Only) |
| Al Garhoud Medical Fitness Center                               | Mon - Thu 7:00 am - 10:00 pm<br>Fri 7:30 am - 12:00 pm<br>4:00 pm - 8:30 pm  |

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## EMBALMING SERVICES

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|                                     |   |
|-------------------------------------|---|
| Al Muhaisnah Medical Fitness Centre | Mon. - Thu. 7:30 am - 9:00 pm<br>Fri. 7:30 am - 12:00 pm<br>3:00 am - 7:30 pm<br>Sun.: 8:00 am - 4:00 pm<br>Sat: closed |
|-------------------------------------|---|

On Call: Friday Afternoon,  
Sunday afternoon & Saturday

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**In case of emergency contact the call centre 800DHA**  
**Applications will not be received an hour before the end of the official working hours for completing internal procedure**



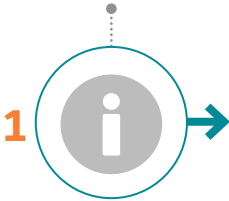
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# CUSTOMER JOURNEY



# CUSTOMER JOURNEY

## Accessing medical fitness screening information



### Gathering information

The customer can access DHA website, DHA App, or call 800DHA to get the needed information about the medical fitness services provided, working hours and centres locations.



## Submitting medical fitness application and pay the fees



### Submitting application online

Companies' PRO, individuals and typing centres can submit the medical fitness application online and pay the fees.



## Reaching the centre

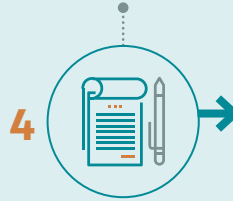


### Finding suitable parking

When the customer arrives at the centre, a dedicated parking is available and accessible.



## Registration



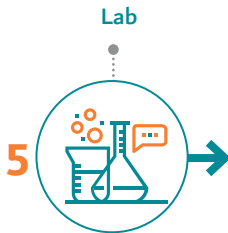
### Registration counter

The customer provide one of the required documents according to application type:

- Valid Emirates ID
- Health card number
- Insurance card
- Valid passport (for visitors)
- UAE driving licence
- GCC card

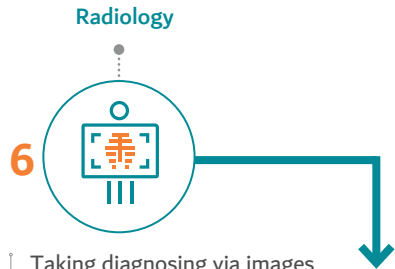






**Giving samples**

The customer checks into the lab to provide samples requested by the physicians.



**Taking diagnosing via images**

The customer checks into the radiology lab for imaging diagnosis.



**Receiving the certificate**



**Receiving your results**

- You will receive the certificate (fit) via e-mail
- For unfit cases, the sponsor/PRO is required to visit Block 7 at Al Muhaisnah Medical Fitness Centre during working hours.



# SALEM SMART CENTER JOURNEY

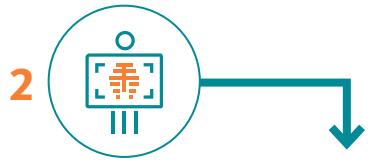
## Medical Fitness Screening / Visa Stampig



Smart Check-in  
Digital Payment



### MEDICAL EXAMINATION



X-Ray with AI  
Smart Phlebotomy



### RESULTS

Results in 30 Minutes



Results via SMS & E-Mail.  
Results sent to GDRFA



### VISA STAMPING



Visa Stamping for Special  
Categories.  
Conditions Apply



Thank you for your visit



# MEDICAL FITNESS SCREENING SERVICES



## Embalming Body of the Deceased and Issuing No Objection Letter

These services provide the embalming of a deceased body and the issuance of a no objection letter to transfer the body outside the country.

### Walk-in



Al Muhaisnah MFC  
Check timings on page 3

### Required Documents

- Death Notification
- Original Death Certificate
- Official Documents from Embassy or Consulate regarding the cancellation
- Copy of letter from Embassy or Consulate with No Objection for body Export
- Electronic Copy of Airline Ticket

### Delivery Time

45 minutes

### Important Note

All the required documents must be delivered to the mortuary section before the body arrives



## Service Charges

**1020AED**

Registration fees for embalming

**1840AED**

Fees into a fund for the company in charge of the deceased body

**220AED**

Cost for Dubai Municipality ambulance

**52.50 AED**

Typing fees

In case of bodies infected with infectious diseases  
please contact the call centre 800DHA

Note: DHA has the right to amend the above prices in the public's interest.

Payment Methods



## Medical Fitness Tests and Issuance of Medical Fitness Certificate

Under the Law (7) of the year 2008 and Decree No. (5) of the year 2016, a Medical Fitness Certificate, confirming to be free of communicable diseases, must be issued for new applicants or residents of Dubai for the purpose of issuing or renewing their residence visa.

### Walk-in



Check timings and centres location on page 2

### Required Documents

- Original valid Emirates ID or original passport
- Registration form
- Recent photograph

### Delivery Time

20 minutes

### Important Note

Tawajod service provides an express Medical Fitness test at your convenient location anywhere in Dubai

## Service Charges

250AED

Regular Medical Fitness Service (24 Working Hours)

300AED

Regular Medical Fitness Service for household domestic servants (24 Working Hours)

700AED

Express Medical Fitness Service (6 Working Hours)

750AED

Express Medical Fitness Service for household domestic servants (6 Working Hours)

1020AED

VIP Medical Fitness Service (2 Working Hours)

700AED

Medical Fitness Service at Smart Salem Center (30 Working Minutes)

1020AED

Tawajod service  
available at Al Muhaisnah Medical Fitness Centre Only

### NOTE:

- Medical Fitness Certificate Delivery time is calculated during official working hours
- For the category of household domestic servants an Extra fee of AED50 will be added to the package for the Pregnancy test
- The mentioned fees do not include typing fees
- DHA has the right to amend these prices in the public's interest.

Note: DHA has the right to amend the above prices in the public's interest.

Payment Methods



## Occupational Medical Screening and Issuance of Reports

This service provides occupational health screening for staff depending on the professional category of each company.

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### E-appointment on the website



Check timings and location centres on page 3

### Documents Required

- Typed application form
- Original valid Emirates ID or original passport
- Residence visa copy
- Recent photograph for medical report

### Delivery Time

45 minutes





|        |   |
|--------|---|
| 170AED | Food handler                                  |
| 200AED | Glass industries                              |
| 570AED | Healthcare workers                            |
| 200AED | Ionizing radiation                            |
| 270AED | Leather industries                            |
| 170AED | Maritime workers screening                    |
| 300AED | Oil refining, plastic & chemical industries   |
| 270AED | Pre-employment UAE citizens                   |
| 170AED | RTA drivers screening                         |
| 270AED | Veterinary services                           |
| 200AED | Waste management & hygiene service industries |

## Service Charges

|        |  |
|--------|--|
| 200AED | Agriculture industries                                 |
| 540AED | Beauticians & related services/Spa workers             |
| 340AED | Car workshops & service centre                         |
| 220AED | Carpenter & noise producing industries                 |
| 200AED | Cement, ceramic, concrete, tissue & textile industries |
| 200AED | Construction industries                                |
| 770AED | Diwan staff  |
| 770AED | DHA licence services                                   |
| 200AED | Education establishment                                |
| 200AED | Electric services                                      |

Note: DHA has the right to amend the above prices in the public's interest.

Payment Methods



## Salem Online Registration

Registration of Salem Medical Fitness and Occupational Health Screening System for corporates and typing centres across Dubai, in order to avail the services of Medical Fitness and Occupational Health Screening conducted by Dubai Health Authority Medical Fitness Department.

### Procedures and Steps

Submission of registration request through Salem web portal

### Preparation Steps

Provide the details requested for registration with requested documents to be attached

### Service Limitations

Service is limited to Medical Fitness and Occupational Health Screening for the authorised users



24/7

### Documents Required

- Trade licence
- Establishment card
- Employee list from MOL/MOHRDE

### Delivery Time

15 working days



**Service Charges**

**1622.25 AED**

Licence subscription fees to avail Salem services per user per year

Note: DHA has the right to amend the above prices in the public's interest.

Payment Methods





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# MEDICAL FITNESS FAQ





### **What are the prices for the lab test?**

The customer can find all the lists of prices at the Reception Desk.

### **What are the laboratory tests needed?**

It depends on the purpose of the medical report whether it is pre-employment or travel or any other reasons.

### **If chest x-ray is suspect, am I allowed to work?**

It depends on the result whether minimal or moderate.

### **If my HBs Ag is positive, what will be the next step?**

You will need to do PCR or what it is called a “Confirmatory Test” whether it is positive or negative.



# INTERCONNECTED SERVICES



## Interconnected Services

| Services name  | Name of related service  |
|--|--|
| <ul style="list-style-type: none"><li>• Medical fitness tests and issue of medical fitness certificate</li></ul> | <ul style="list-style-type: none"><li>• Laboratory</li><li>• Radiology</li><li>• Vaccine</li></ul> |
| <ul style="list-style-type: none"><li>• Occupational medical and reports</li></ul>                               | <ul style="list-style-type: none"><li>• Nursing</li><li>• Laboratory</li><li>• Radiology</li></ul> |