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Non-Surgical Cosmetic Procedures – Random Checklist

Name of the Facility: _____

Date of Inspection: ____/____/____

Ref.	Description	Yes	No	Remark
5.	Standard One: Registration And Licensure Procedures			
5.1.5.	Ensure adequate lighting and utilities, including temperature controls, water taps, medical gases, sinks and drains, electrical outlets and communications.			
6.	Standard Two: Health Facility Requirements			
6.2.1.	Ensure all consumables, equipment, pharmaceutical drugs/products required for each procedure are stored in a secured area.			
6.2.2.	Provide comfortable and safe treatment environment in the health facility and assure patient privacy and confidentiality.			
6.3.	The health facility providing laser therapy must ensure that the laser environment and laser safety requirements comply with DHA standards and policies.			
6.3.3.	The room entrance shall have a laser safety sign posted visibly on the door.			
6.3.4.	Protective measures need to be taken to prevent stray laser radiation from leaving the room or from reflecting and for safe laser and IPL practice. These measures include but are not limited to:			
a.	The walls of the room should be painted with a matt coloured paint.			
b.	Selected flooring surfaces shall be easy to maintain, readily cleanable and appropriately wear-resistant for the location. Wooden flooring could be used in treatment rooms. Carpets shall not be used in the treatment room.			
c.	The room shall have no metallic surfaces or mirrors.			
d.	The light used in the room must be non-reflecting.			
e.	Windows shall be kept closed and curtain used shall be made of non-reflecting materials.			
f.	Treatment couch shall be white colour or covered with white sheet.			
g.	Non-reflective instruments shall be used.			
6.4.	The health facility shall be made to accommodate people of determination.			

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7.	Standard Three: Healthcare Professionals Requirements			
7.1.1.	Hold an active DHA full time or part time professional license and work within their scope of practice and granted privileges.			
7.1.2.	Have a valid Basic Life Support (BLS) Certificate.			
7.2.	All healthcare professionals shall refrain from using any other names or speciality titles that is different from their DHA license such as Cosmetic Specialist or Consultant, Aesthetic Specialist or Consultant, Aesthetician, Cosmetologist, Beauty Specialist or Consultant, Anti-Aging Specialist or Consultant, Cosmetic or Beauty Expert etc.			
7.4.	Non-surgical cosmetic procedures that requires general sedation and/or general anaesthesia shall only be performed in hospitals or Day surgical centres as per DHA Standards for standalone day surgery centres.			
7.5.	All healthcare professionals performing hair laser procedures will require having a separate DHA license for hair laser procedures and a separate DHA recognized hair laser certificate training.			
7.5.5.	Laser technicians are prohibited from practicing beyond their scope in hair reduction service and an “undertaking letter” shall be signed to ensure compliance.			
7.6.	Health care professionals providing cosmetic and skin rejuvenation using Autologous Adipose-Tissue Derived Stem Cells (ADSCs) shall require a separate DHA licensure approval for ADSCs and approval from the medical director of the health facility where the service is provided.			
7.6.1.	A DHA consultant plastic surgeon shall supervise all cosmetic and rejuvenation use of ADSCs .			
7.6.2.	All physicians providing cosmetic ADSC must be certified in the appropriate field with evidence of recognized training in ADSCs therapy with clear description on the amount and the nature of the hands-on training received, including:			
a.	Donor selection.			
b.	The selection of procedures.			
c.	The preparation of patients.			
d.	Screening for infectious diseases.			
e.	Maintenance of asepsis in non-hospital settings.			
f.	Intra-operative patient monitoring.			
g.	Post-operative care and follow-up.			
h.	Quality improvement in surgical services.			
i.	Hands-on training in the surgical technique for liposuction.			
j.	Fluid and electrolyte balance, potential complications of ADSCs Therapy.			
k.	Processing and delivery of the aspirate.			

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l.	Have certified training in regenerative medicine with experience in liposuction/aspirate resulting in demonstrated competency.			
m.	Training for regenerative medicine should include a minimum of 30 cases.			
n.	Have evidence of satisfactory performance of ADSCs Therapy procedures.			
o.	Have evidence of Continuous Medical Education in ADSCs/SVFCs (CME 25) per year.			
p.	Hold an Advanced Cardiac Life Support (ACLS) or Advanced Life Support (ALS) certification.			
7.6.3.	Information on the setting required, registered nurse and lab technician supporting ADSCs therapy, refer to DHA standards for Autologous Adipose-Tissue Derived Stem Cells/Stromal Vascular Fraction Cells (ADSCs/SVFCs) Therapy.			
7.7.	The Clinical Privileging Committee (CPC) lead by the Medical Director of the health facility shall ensure:			
7.7.1.	That at least one (1) member of the CPC is a part time or a full time DHA licensed,			
a.	Consultant/Specialist Dermatologist; OR			
b.	Consultant/Specialist Plastic Surgeon.			
7.10.	General Practitioners performing the Non-Surgical Cosmetic Procedures shall fulfil the following additional criteria:			
7.10.1	Have at least two (2) years clinical experience post-graduation prior to enrolling in any non-surgical cosmetic training.			
7.10.2	Complete one (1) year mentorship following the training under the supervision of a specialist/consultant dermatologist or plastic surgeon as set out in standard 5.			
a.	The one (1) year mentorship may be considered as part of the required two (2) years clinical experience in non-surgical cosmetic procedures.			
7.10.4	Should obtain the privilege to perform non-surgical cosmetic procedures from the CPC as per Appendix 1.			
7.10.5	Must perform non-surgical cosmetic procedures in accordance to the licensed consultant/specialist Plastic surgeon and/or Dermatologist.			
7.11.3	Beauty therapist and massage therapist may perform limited number of non-surgical procedures listed in Appendix 1, in a salon or a non- clinical setting without the supervision of a healthcare professional, except for the following procedures:			
a.	Laser hair removal and IPL.			
b.	Microneedling.			
8.	Standard Four: Responsibility of the Management			
8.1.	The health facility shall ensure the availability of at least one (1) full time or part time DHA licensed consultant/specialist plastic surgeon and/or dermatologist in the health facility to supervise non-surgical cosmetic procedures.			

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8.1.1.	Hair Laser procedures can be supervised by the following:			
a.	Consultant/ Specialist Family Medicine;			
b.	Consultant/ Specialist Internal Medicine;			
c.	General Practitioner with not less than five (5) years' experience in non-surgical cosmetic procedures.			
8.2.	The health facility shall ensure that the licensed consultant/specialist plastic surgeon and/or dermatologist should:			
8.2.1.	Be part of the clinical privileging committee.			
8.4.	The health facility shall ensure that all policies and procedures which are regularly reviewed as well as making provision for training all staff on the contents of policies and procedures.			
8.5.	The health facility should maintain accurate and complete personnel records for all employees, including training records logs, such records shall be maintained and kept confidential.			
8.6.	A regular in-house training and an ongoing professional development system should be in place to ensure the core skills and competencies of staff are always met.			
8.9.	The management of the health facility should ensure that all healthcare professionals adhere to the DHA Standards for Medical Advertisement Content on Social Media.			
10	Standard Six: Equipment and Safety			
10.1.	The health facility shall have the necessary personnel, equipment and procedures to handle medical and other emergencies.			
10.3.	Ensure that all medical equipment and devices used for Non-Surgical Cosmetic Procedures, including Laser and IPL equipment must be registered and approved in accordance with the following:			
10.3.1	Ministry of Health and Prevention (MOHAP) United Arab Emirates (UAE), Medical Devices Registration Guidelines			
10.5.	Ensure that specific training is provided for all new equipment and devices that are to be used in the concurrent practice.			
10.6.	Ensure that safety measures are adhered to during procedures this includes and not limited to:			
10.6.1	Testing patches,			
10.6.2	Sterilization of equipment,			
10.6.3	Infection control and			
10.6.4	The use of appropriate personal protection equipment such as safety goggles must be worn by healthcare professionals and patients during wherever recommended for cosmetic procedures.			
10.7.	Ensure principles of safety for laser and Intense Pulse Light (IPL) is being adhered to. This includes and not limited to:			

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10.7.1	Mandatory checks of all Laser Safety Eyewear (LSE) shall be performed to verify the appropriate wavelength and optical density imprinted on each pair of LSE prior to use.			
10.7.2	Switching off laser equipment in between uses.			
10.7.3	Smoking shall be strictly prohibited.			
10.8.	Ensure the availability of a risk assessment and register.			
11.	Standard Seven: Patient Management			
11.1.	A face-to-face consultation and assessment with the patient is mandatory prior to performing any non-surgical cosmetic procedure.			
11.1.1	Remote consultation and/or home visit assessment is not acceptable.			
11.2.	Cosmetic Botox and fillers are classified as a prescription-only medicine and shall only be administered by a trained and privileged licensed physician.			
11.3.	An informed and clear written consent should be obtained prior to the procedure and reconfirmed on the day of the procedure.			
11.4.	If the age of the patient is below eighteen (18) years, the parents or legal guardian shall fill and sign the consent form.			
11.5.	Cosmetic Botox and fillers are not permitted to be used for patients under the age of 18 years old.			
11.6.	Ensure that patients are provided with clear written unbiased information and education material about the procedure, risks, financial implications and possible complications and outcomes.			
11.7.	Ensure that all patients are provided with information regarding Patients' Rights and Responsibilities.			
11.9.	Ensure that the patient files has documented marked drawings of where the procedure will be taking place.			
11.10.	Gender of healthcare professional providing the laser and IPL hair removal treatment shall be similar to patient gender.			
APPENDIX 1:	Non-Surgical Cosmetic Procedures by Professional Categories			
App1.1	Blackhead and Comedone extraction allowed for Dermatologist/ Plastic Surgeon(1), Other physicians / GP Physician(2), Nurse(3), Beauty Therapist.			
App1.2	Body shaping and cellulite reduction machines e.g. LPG, Cool Sculpting or Aqua allowed for Dermatologist/ Plastic Surgeon (1), Other physicians / GP Physician (2), Nurse(3), Physio-therapist, Massage Therapist, Beauty Therapist			
App1.3	Superficial Chemical Peels /skin resurfacing allowed for Dermatologist/ Plastic Surgeon (1), Other physicians/ GP, Physician (2), Nurse (3), Beauty Therapist			
App1.4	Deep Chemical Peels allowed for Dermatologist/ Plastic Surgeon (1)			
App1.5	Cryotherapy using cooled air (regional and general) allowed for Dermatologist/ Plastic Surgeon (1), Other physicians / GP Physician (2),Nurse (3), Physio- therapist, Massage Therapist			

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App1.6	Electrolysis hair removal allowed for Dermatologist/ Plastic Surgeon (1), Other physicians / GP Physician (2), Nurse (3), Beauty Therapist			
App1.7	Botulinum toxin injections (Botox) in the face only excludes nose allowed for Dermatologist/ Plastic Surgeon(1), Other physicians / GP Physician (2), Orthodontics/ prosthodontics/Maxillofacial			
App1.8	Botox for hyperhidrosis allowed for Dermatologist/ Plastic Surgeon(1), Other physicians / GP Physician (2)			
App1.9	Fillers and Botulinum toxin injections (Botox) in body parts allowed for Dermatologist/ Plastic Surgeon(1), consultant and specialist only (4)			
App1.10	Face fillers including Jaw line contouring and double chin lifting allowed for Dermatologist/ Plastic Surgeon (1), Other physicians / GP Physician (2), Orthodontics/ prosthodontics/Maxillofacial			
App1.11	Nose fillers and Botox allowed for Dermatologist/ Plastic Surgeon (1)			
App1.12	Facial threading including eye brow lift and cat eye allowed for Dermatologist/ Plastic Surgeon (1), consultant and specialist only (5)			
App1.13	Hydra-facial allowed for Dermatologist/ Plastic Surgeon (1), Other physicians / GP Physician (2), Nurse(3), Beauty Therapist.			
1	(1) Dermatologist and Plastic surgeons do not require additional training			
2	(2) Other Consultants/Specialists/GP physicians must have documented evidence of training in non-surgical cosmetic procedures and shall be related to his area of speciality.			
3	(3) Nurses must have documented evidence of training and be supervised by a dermatologist or plastic surgeon.			
4	(4) Physicians shall only inject body fillers as per their relevant speciality.			
5	(5) This procedure shall only be performed by consultant/specialist surgeons, as per their relevant speciality.			
App1.14	Hair laser removal and IPL(4) allowed for Dermatologist/ Plastic Surgeon(1), Other physicians/ GP Physician(2)(4), Nurse (3)(4), Beauty Therapist (4)			
App1.15	Cool sculpting allowed for Dermatologist/ Plastic Surgeon(1), Other physicians/ GP Physician(2), Nurse (3) , Beauty Therapist			
App1.16	Skin rejuvenation allowed for Dermatologist/ Plastic Surgeon(1), Other physicians/ GP Physician(2), Nurse (3), Beauty Therapist			
App1.17	Hand rejuvenation allowed for Dermatologist/ Plastic Surgeon(1), Other physicians/ GP Physician(2), Nurse (3), Beauty Therapist			
App1.18	Manual Lymphatic Drainage (MLD) / (LPG) allowed for Dermatologist/ Plastic Surgeon(1), Other physicians/ GP Physician(2), Nurse (3), Physio-therapist, Massage Therapist			
App1.19	Laser Removal of tattoos allowed for Dermatologist/ Plastic Surgeon(1), Other physicians/ GP Physician(2)			
App1.20	Deep skin subcision for acne scarring allowed for Dermatologist only			

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App1.21	Treatment of hyperpigmentation allowed for Dermatologist/ Plastic Surgeon(1), Other physicians/ GP Physician(2), Nurse (3), Beauty Therapist			
App1.22	Mesotherapy (injectable or Derma Rollers with length >0.5mm) allowed for Dermatologist/ Plastic Surgeon(1), Other physicians/ GP Physician(2).			
App1.23	Micro-needling (topical/needless devices or Derma rollers with length <0.5 mm)allowed for Dermatologist/ Plastic Surgeon(1), Other physicians/ GP Physician(2), Beauty Therapist, nurse (3).			
App1.24	Micro-dermabrasion allowed for Dermatologist/ Plastic Surgeon(1), Other physicians/ GP Physician(2), Beauty Therapist, nurse (3).			
App1.25	Photo-dynamic therapy allowed for Dermatologist/ Plastic Surgeon(1), Other physicians/ GP Physician(2), nurse (3).			
App1.26	Photo-pneumatic therapy allowed for Dermatologist/ Plastic Surgeon(1), Other physicians/ GP Physician(2), nurse (3).			
App1.27	Platelet Rich Plasma for topical application and injections (face and hair)allowed for Dermatologist/ Plastic Surgeon(1), Other physicians/ GP Physician(2).			
1	(1) Dermatologist and Plastic surgeons do not require additional training or a separate laser license.			
2	(2) Other Consultants/Specialists/GP physicians must have documented evidence of training in non-surgical cosmetic procedures.			
3	(3) Nurses must have documented evidence of training and be supervised by a dermatologist or plastic surgeon.			
4	(4) This procedure must be performed in a DHA licensed health facility. Laser and IPL shall be supervised by consultant or specialist Plastic surgeon or dermatologist and/or (family physician, Internal medicine, General practitioner) with hair laser privilege and training certificate. Nurses and Beauty therapist must have a DHA license title "License technician"			
5	(5) Physicians shall only inject PRP in areas as per their relevant specialties.			
App1.28	Semi-permanent Makeup , Micro- blading and removal of semi-permanent makeup including eyebrow and lip tattoo allowed for Dermatologist/ Plastic Surgeon(1), Other physicians / GP Physician (2), Beauty Therapist			
App1.29	Cellulite correction by body devices allowed for Dermatologist/ Plastic Surgeon(1), Other physicians / GP Physician(2), Nurse (3), Physio-therapist,Massage Therapist, Beauty Therapist.			
App1.30	Non-surgical skin tightening/weight loss by light-based devices and external machines only such as infrared, radiofrequency, electrodes ultrasound applicators (4) allowed for Dermatologist/ Plastic Surgeon(1), Other physicians / GP Physician(2), Nurse (3),Massage Therapist, Beauty Therapist.			
App1.31	Hair bleaching allowed for Dermatologist/ Plastic Surgeon(1), Other physicians / GP Physician(2), Nurse (3), Beauty Therapist.			

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App1.32	Ear and Body Piercing allowed for Dermatologist/ Plastic Surgeon(1), Other physicians / GP Physician(2), Nurse (3)			
App1.33	Non- invasive Double Chin lifting allowed for Dermatologist/ Plastic Surgeon(1), Other physicians / GP Physician(2)			
App1.34	Non -surgical removal of stretch marks allowed for Dermatologist/ Plastic Surgeon(1), Other physicians / GP Physician(2), Nurse (3)			
App1.35	Invasive skin procedures (skin opening) for skin tightening, lifting and or dissolving fats in face and body allowed for Plastic surgeon			
App1.36	Cellulite Correction allowed for Dermatologist/ Plastic Surgeon(1)			
App1.37	Cosmetic use of ADSCs insertion and aspiration (5) allowed for Dermatologist/ Plastic Surgeon(1) allowed for Dermatologist/ Plastic Surgeon(1), Other physicians / GP Physician(2)			
App1.38	Fat aspiration and injection allowed for plastic surgeons only			
App1.39	Non -surgical calve enhancement allowed for plastic surgeons only			
App1.40	Non-surgical buttock augmentation using fat injections allowed for plastic surgeons only			
App1.41	Teeth Whitening allowed for All Dental specialities			
1	(1) Dermatologist and Plastic surgeons do not require additional training			
2	(2) Other Consultants/Specialists/GP physicians must have documented evidence of training in non-surgical cosmetic procedures.			
3	(3) Nurses must have documented evidence of training and be supervised by a dermatologist or plastic surgeon.			
4	(4) Infrared light in combination with skin suctioning should not be used in a non-clinical health facility.			
5	(5) The physician must be certified in the appropriate field with evidence of recognized training in ADSCs therapy with clear description on the amount and the nature of the hands-on training and under the supervision of a plastic surgeon. Refer to DHA standards for Autologous ADSC-SVFC.			

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