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## Colon Hydrotherapy Inspection Checklist- Random

Name of the Facility: \_\_\_\_\_

Date of Inspection: \_\_\_\_/\_\_\_\_/\_\_\_\_

Ref.	Description	Yes	No	N/A	Remarks
<b>2</b>	<b>General Requirements</b>				
2.10.	The filters shall be changed in a timely manner as recommended by the manufacturer and a filter change record/ log book shall be maintained.				
2.14.	Equipment shall be maintained and all necessary parts shall be changed as per the instructions contained in the equipment manual.				
<b>3</b>	<b>Facility Requirements</b>				
3.1.2.5.	A hand-washing station with a hands free operating tap and liquid or foam soap dispensers shall be provided in all examination room(s). Sinks shall be designed with deep basins, made of porcelain, stainless steel, or solid surface materials.				
3.1.2.6.	Hand sanitizer dispenser shall be provided in addition to hand- washing stations.				
3.1.2.7.	Provisions for hand drying shall be available at all hand-washing stations.				
3.1.2.9.	A paper towel on the client couch.				
3.1.2.10.	A paper towel for each client to clean themselves after the irrigation procedure.				
3.1.4.	Clean gowns, robes and towels shall be provided.				
3.1.6.	There shall be provision of drinking water.				
3.1.7.	Emergency medication and crash cart trolley shall be available in the procedure room and in accordance with				

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	the crash cart specification stipulated in the DHA Outpatient Facility Regulation available on the DHA website www.dha.gov.ae.				
<b>4</b>	<b>Healthcare Professional Requirements</b>				
4.1.	Healthcare Professionals practicing colon hydrotherapy services shall hold a valid DHA license in one of the following categories:				
4.1.1.	Physician and practitioners				
4.1.1.1.	Ayurveda Practitioner				
4.1.1.2.	Gastroenterology				
4.1.1.3.	General Practitioner				
4.1.1.4.	General Surgery				
4.1.1.5.	Internal Medicine				
4.1.1.6.	Naturopathy Practitioner				
4.1.2.	Registered nurse				
4.2.	The healthcare professionals providing the colon hydrotherapy services shall maintain a valid Basic Life support (BLS) certificate.				
<b>6</b>	<b>Procedure Requirements</b>				
6.1.1.	The patient shall be assessed pre and post treatment. The assessment shall be documented in the patient health record by the specialist physician.				
6.1.4.	Patients' health records shall be maintained in a secured area. In case the health facility utilizes electronic patient records, the health facility must ensure the records are safely maintained and easily retrievable.				
6.1.5.	Before undergoing the colon hydrotherapy, patients shall sign an "Informed Consent Form" with information about the treatment, type of equipment used, contraindications and risks associated. For further information regarding risks and contraindications of this				

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	treatment refer to Appendix 1& Appendix 2 and to the DHA Informed Consent Policy.				
6.1.9.	Under no circumstances shall the colonic irrigation equipment be connected directly to a drinking water supply system. This could result in serious, possibly fatal injury to the patient due to application of mains pressure.				
6.3.1.	Water temperature shall be regulated to normal body temperature to prevent thermal shock or scalding. The minimum allowed temperature shall be 31°C and the maximum allowed temperature is 39°C with the average treatments temperature of 34°C to 37°C. It is unsafe to operate the equipment outside the recommended temperature levels.				
6.4.1.	The average treatment duration is around fourth-five (45) minutes; the treatment shall not exceed sixty (60) minutes.				
<b>7</b>	<b>Infection control</b>				
7.1.	There shall be disinfectant in the room e.g. sterilizing alcohol.				
7.3.	The colon hydrotherapy device shall be cleaned and sterilized between all treatments.				
7.5.	Only tubes or single pouches of lubricant are allowed. Any contaminated lubricant shall be immediately discarded.				
7.6.	All disposable equipment used during the treatment shall be discarded in a specialized medical waste bag. This must be collected by a medical waste collection service as it is classified as human bodily fluids and wastes.				

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